

MARCH IS EPILEPSY AWARENESS MONTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			MARCH	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

What is happening at the Edmonton Epilepsy Association this March 2023!

- **EVERY DAY IN MARCH:** Check our epilepsy post of the day! We will focus on brain health!
- **EVERY DAY IN MARCH:** Join our "Neurons" project! Learn more on our website!
- **GET SOCIAL:** Join us for a tea on March 15, 2023 and for a game of BINGO on March 24, 2023! Contact the office for more info!
- **MARCH 8 AND 16, 2023 -** Visit us at the Stollery Children's Hospital . at the University of Alberta for a display table between 11:00 and 1:30 p.m.
- **MARCH 10, 2023:** We publish our Focus on Epilepsy Newsletter!
- **MARCH 11 through March 31, 2023:** Check our special bridge banners across Edmonton and in Fort McMurray!
- **MARCH 15, 2023 -** ACCESS for ALL Edmonton and Northern Alberta Live Kickoff Event! We are engaging with parents online and provide free information about epilepsy, our programs and services and all education opportunities for kids in schools who need support while living with epilepsy!
- **MARCH 16, 2023:** We will host a special presentation about Advocacy and Success Stories for the Alberta Epilepsy Education Webinars. Special guest Cassidy Megan, Founder of Purple Day!
- **MARCH 20 and 27, 2023 -** Register for our first Tapping Sessions, to help with mental health challenges. You must be an EEA member to register. Limited spots available.
- **MARCH 25, 2023!** We invite everyone to the Oil kings final home game, at Rogers Place, at 2:00 p.m. The Hockey game will be purple and we are raising funds on this day! Volunteer with us and purchase tickets at reduced price!
- **MARCH 26, 2023!** International Purple Day! The High Level Bridge in Edmonton will be lit purple! Stop by, take photos and share them with us!
- **BUILD A NEURON WITH US!** Join a wonderful learning and awareness project with us! More info on the EEA website! Everyone can participate!



780-488-9600



www.edmontonepilepsy.org



info@edmontonepilepsy.org

